

AUGUST 2019
MONDAY

TALLADEGA COUNTY SCHOOLS LUNCH MENU
TUESDAY

K-8 / 9-12
FRIDAY

			1	2
5	6	7	8	9
Staff Development WHS	System Institute BB Comer High School	Local School Staff Workday	Baked Lasagna Roll 2oz Mixed Green Romaine Salad 1 c Steamed Broccoli ½ c Wheat Roll 1oz Pineapple ½ c Fresh Watermelon ½ c Milk Choice 8oz Ranch Dressing 2oz	Breaded Chicken Sandwich 1ea Romaine Lettuce & Tomato ½ c Baked Oven Fries ½ c Baby Carrots w/Ranch ¼ c Mixed Fruit ½ c Fresh Fruit ½ c Milk Choice 8oz Ketchup 3/ Mayo 1
12	13	14	15	16
Mexican Pizza 1ea Mixed Green Romaine Salad 1 c Mexican Beans ½ c Fiesta Corn ¼ c Pears ½ c Fresh Plum ½ c Milk Choice 8oz Ranch Dressing 2oz	Baked Fish & Cheese Sandwich 1ea Romaine Lettuce & Tomato 1 c Baked Potato Wedges ½ c Peaches ½ c Fresh Banana ½ c Milk Choice 8oz Ketchup 3 / Tartar Sauce 1	Baked Chicken Bites 2oz Creamed Potatoes ½ c Green Peas ½ c Pineapple ½ c Fresh Honeydew Melon Cubes ½ c Wheat Roll 1oz Milk Choice 8oz Honey Mustard 1/ Sweet Sour 1/Ketchup 2	Beef-A-Roni 1 c Mixed Green Romaine Salad 1c Baked Sweet Potato ½ c Mandarin Oranges ½ c Fresh Watermelon ½ c Wheat Roll 1oz Milk Choice 8oz Salad Dressing 2oz	Cheeseburger 1ea Romaine Lettuce & Tomato 1c Sweet Potato Fries ½ c Dill Slices 3ea Peaches ½ c Honey Dew Melon Cubes ½ c Milk Choice 8oz Ketchup 3 / Mustard 1 / Mayo 1
19	20	21	22	23
Grilled Chicken Sandwich 1ea Romaine Lettuce & Tomato ½ c Baked Oven Fries ½ c Baby Carrots w/ Ranch ¼ c Pears ½ c Fresh Fruit ½ c Milk Choice 8oz Ketchup 3 / Mayo 1	Fish Nuggets 5ea Baked Beans ½ c Cole Slaw ½ c Peaches ½ c Fresh Fruit ½ c Wheat Roll 1oz Milk Choice 8oz Ketchup 3 / Tartar Sauce 1	Spaghetti w/Meat Sauce 1 c Mixed Green Romaine Salad 1c Buttered Corn ½ c Pineapple ½ c Fresh Fruit ½ c Bread Stick 1oz Milk Choice 8oz Salad Dressing 2oz	Salisbury Steak w/Gravy 2oz Steamed Rice ½ c Broccoli ½ c Sweet Potatoes ½ Mandarin Oranges ½ c Fresh Fruit ½ c Wheat Roll 1oz Milk Choice 8oz	Buffalo Chicken Wrap 1ea Mixed Green Romaine Salad 1c Corn Nuggets 10ea Mixed Fruit ½ c Fresh Fruit ½ c Milk Choice 8oz Ranch Dressing 2oz
26	27	28	29	30
Hot Dog 1ea Baked Beans ½ c Sweet Potato Fries ½ c Pears ½ c Fresh Plum ½ c Milk Choice 8oz Ketchup 3 / Mustard 1	Ham / Turkey & Cheese Sandwich 1ea Romaine Lettuce & Tomato ½ c Baked Tatar Tots ½ c Crispy Carrot Sticks w/ Ranch ¼ c Peaches ½ c Fresh Fruit ½ c Milk Choice 8oz Ketchup 3 / Mayo 1 / Mustard 1	Taco Salad w/ Tortilla Chips 2oz Shredded Romaine Lettuce & Diced Tomatoes 1c Pinto Beans ½ c Pineapple ½ c / Fresh Fruit ½ c Milk Choice 8oz Shredded Cheese 1oz Taco Sauce 1 / Sour Cream 1 Salsa	Baked Chicken 2oz Creamed Potatoes ½ c Green Beans ½ c Mandarin Oranges ½ c Fresh Fruit ½ c Milk Choice 8oz Honey Mustard 1/ Sweet Sour 1 Ketchup 3	Pepperoni Pizza 1ea Mixed Green Romaine Salad 1c Buttered Corn ½ c Mixed Fruit ½ c Fresh Fruit ½ c Milk Choice 8oz Salad Dressing 2oz

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(Please make note that the menu is subject to change)

