

MAY 2019
MONDAY

MUNFORD ELEMENTARY LUNCH MENU
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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| | <p>30 Chicken Pot Pie Pasta Bake Mixed Green Romaine Salad Green Beans ¼ cup Wheat Roll 1ea Peaches ½ c / Fresh Fruit ½ c Milk Choice 8oz Salad Dressing 1oz</p> | <p>1 Corndog 1ea Baked Beans ½ cup Baked Potato Wedges ¼ cup Mixed Fruit ½ c / Fresh Fruit ½ c Milk Choice 8oz Ketchup 2 / Mustard 1</p> | <p>2 Sack Lunch Wowbutter/Jelly Uncrustable 1ea Baked Chips 1ea Carrot Sticks ½ cup Cheese Stick 1ea Honey Graham 1ea Applesauce cup ½ c/Fruit Juice Box ½ c Milk Choice 8oz</p> | <p>3 Pizza 1 slice Corn on Cob 1ea Mixed Green Romaine Salad 1 cup Pineapple ½ c / Fresh Fruit ½ c Milk Choice 8oz Salad Dressing 1oz</p> |
| <p>6 Hotdog 1ea Kraut ¼ c Baby Carrots ½ c Baked Chips 1ea WG Brownie 1ea Applesauce c ½ c OR Fruit Juice ¾ c Fresh Fruit ½ c Milk Choice 8oz Ketchup 2 / Mustard 1</p> | <p>7 Country Fried Steak Sandwich 1ea Lettuce/Tomato ¾ cup Dill Pickle Spears 2ea Baked Chips 1ea WG Graham Cookie 1ea Peach Cup ½ c OR Fruit Juice ¾ c Fresh Fruit ½ c Milk Choice 8oz Ketchup 2/Mustard 1/ Mayo 1</p> | <p>8 Sliced Smoked Turkey 2oz Baby Baker Potatoes ½ cup Collard Greens ¼ cup Sliced Carrots ½ cup WG Cornbread 1oz Mandarin Orange ½ /Fresh Fruit ½ c Milk Choice 8oz</p> | <p>9 Crisпитos w/ Cheese Sauce 1ea Lettuce/Tomatoes 1 cup Pinto Beans ½ cup Salsa ½ cup Pineapple ½ c / Fresh Fruit ½ c Milk Choice 8oz Sour Cream 1 Taco Sauce 1</p> | <p>10 Hot Wings 6ea Corn on Cob 1ea Baby Carrots/Celery Cup ½ cup Whole Wheat Roll 1oz Mixed Fruit ½ c / Fresh Fruit ½ c Milk Choice 8oz Ranch Dressing 4oz</p> |
| <p>13 Chicken Bites 6ea Creamed Potatoes ½ cup Green Beans ¼ cup Whole Wheat Roll 1oz Pears ½ c / Fresh Fruit ½ c Milk Choice 8oz Honey Mustard 1 / Sweet Sour 1 or Ketchup 3</p> | <p>14 BBQ Turkey Roast Sandwich 1ea Tater Tots ½ cup Baked Beans ½ cup Peaches ½ c / Fresh Fruit ½ c Milk Choice 8oz BBQ Sauce 1 Ketchup 3</p> | <p>15 Chicken Fajita w/Onions/Peppers 2oz WG Soft Tortilla 1ea Lettuce/Tomato 1 cup Salsa ½ cup Mexican Rice ½ cup Whole Kernel Corn ¼ cup Pineapple ½ c / Fresh Fruit ½ c Milk Choice 8oz Sour Cream 1 / Taco Sauce 1</p> | <p>16 Lasagna Roll 1ea Mixed Green Romaine Salad 1 cup Steamed Broccoli ½ cup Whole Wheat Roll 1oz Mandarin Orange½ c/Fresh Fruit½ c Milk Choice 8oz Salad Dressing 1oz</p> | <p>17 Hamburger/Cheeseburger 1ea Lettuce/Tomatoes 1 cup Dill Slices 3 slices Sweet Potato Fries ½ cup Mixed Fruit ½ c / Fresh Fruit ½ c Milk Choice 8oz Mayo 1 / Mustard 1 Ketchup 3</p> |
| <p>20 Hamburger Steak w/ Gravy 2oz Potato Wedges ½ cup Green Beans ½ cup Whole Wheat Roll 1oz Pears ½ c / Fresh Fruit ½ c Milk Choice 8oz Ketchup 3</p> | <p>21 Turkey/Cheese Wrap 1ea Lettuce/Tomato 1 cup Dill Spear 2ea Tater Tots ¼ cup Peaches ½ c / Fresh Fruit ½ c Milk Choice 8oz Mayo 1 / Mustard 1 Ketchup 3</p> | <p>22 Crisпитos w/ Cheese Sauce 1ea Mexican Rice ½ cup Pinto Beans ½ cup Salsa ½ cup Pineapple ½ c / Fruit ½ c Milk Choice 8oz Sour Cream 1ea Taco Sauce 1 ea</p> | <p>23 Early Dismissal Hotdog 1ea Baby Carrots ½ cup Baked Chips 1ea WG Graham Cookie 1ea Mandarin Orange ½ /Fresh Fruit ½ c Milk Choice 8oz Ketchup 2 / Mustard 1</p> | <p>24 Staff Development No Students</p> |
| <p>27 Memorial Day Holiday</p> | <p>26</p> | <p>27</p> | <p>28</p> | <p>29</p> |

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(Please make note that the menu is subject to change)