



March 10, 2020

Dear Parents/Community Members,

Talladega County Schools will continue to follow guidelines issued by the Centers for Disease Control, Alabama Department of Public Health, and the Alabama State Department of Education as it relates to the Coronavirus (COVID-19).

Although Alabama has no confirmed cases of the Coronavirus at this time, it is important that we take precautionary measures now. COVID-19 is a respiratory illness caused by a novel (new) virus. There is currently no vaccine to protect against COVID-19. The best way to prevent infection is to avoid being exposed to the virus that causes it. Preventive practices for COVID-19 are the same as for the common cold or flu.

Everyday preventative practices include:

- Stay at home when sick.
- Students and staff who have symptoms of acute respiratory illness are asked to stay home and not come to work until they are free of fever, signs of fever, and any other symptom for at least 24 hours, without the use of fever-reducing or other symptom altering medicines.
- Clean and disinfect surfaces often especially when someone in the household is ill.
- Cover cough with a tissue or sleeve.
- Wash hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer if soap and water are not available.
- Avoid touching face, eyes, ears, nose or mouth with unwashed hands.

I will continue to monitor the situation and share any pertinent updates with you as they become available.

Sincerely,

Suzanne Lacey, Ed.D.
Superintendent

From CDC (Centers for Disease Control and Prevention)